

Annual Report

2018/19



Heath Hands

The Dairy

Kenwood House, Hampstead Lane
London, NW3 7JN

Tel: 020 8458 9102

Website: www.heath-hands.org.uk

Email: info@heath-hands.org.uk

Registered charity no: 1173419

Annual Report and Financial Statements

Year ended: 31st March 2019

Heath Hands works in partnership with:



ENGLISH HERITAGE



Heath Hands Annual Report 2018/19

Trustees

Chair: Cindy Galvin

Deputy Chair: Rachel Mackenzie*

Secretary: Alan Merkel

Treasurer: Tony Braca

Volunteer Representative: Joanne Maddox

Volunteer Representative: Ian Greenwood

Co-optees: Robert Spigel

Ex-officio: Karina Dostalova (City of London), Dave Gibbons* (English Heritage), Jeff Waage (Heath and Hampstead Society); Bob Warnock (City of London)

*Stepping down at 2019 AGM

Projects and Volunteer Manager: Colin Houston

Project Assistants: Rory Dimond, Karin Oleinikova

Bankers: Lloyds Bank, Virgin Money, United Trust Bank

Independent Examiner: Tony Ghilchik

Heath Hands is a charitable incorporated organisation, governed by its Trustees, all of whom are appointed by members in General Meetings. The Trustees herewith submit their Annual Report and independently examined financial statement for the year ended 31st March 2019. The Trustees employ staff to administer the charity. Membership is open to registered volunteers who contribute to our charitable activities.

Trustee Responsibilities

The Trustees are responsible for preparing the Annual Report and financial statement in accordance with applicable United Kingdom charity law. The trustees have given consideration to the major risks to which the charity is exposed and satisfied themselves that appropriate procedures are in place to manage those risks

Objects

To help, engaging volunteers, to conserve, protect and enhance Hampstead Heath, the Kenwood Estate, Highgate Wood, Keats House and such other areas as the charity trustees may determine from time to time (the "Relevant Open Spaces");

To advance education in conserving, protecting and enhancing the environment of the Relevant Open Spaces for the benefit of the members of the CIO and for the benefit of the public at large, and

To help the bodies responsible for the Relevant Open Spaces to provide facilities in the interests of social welfare for recreation and leisure time occupation by the members of the CIO and the public at large with the object of improving their conditions of life.

Minutes of 2018 Annual General Meeting, 13th June, 18.30, Kenwood House

Welcome

Cindy Galvin (CG) welcomed attendees including our guest speaker Sarah from Phoenix Futures, Danny Murphy and Richard Gentry (CoL) and Liz Houston.

Apologies received Karina Dostalova, Tony Ghilchick.

Minutes of the 2017 AGM

No other business to raise. Minutes reviewed. There being no matters arising, acceptance proposed by Tony Grimes, seconded by Alan Davis.

Sarah Amokwandoh: Phoenix Futures, Recovery though Nature and Hampstead Heath

Colin introduced Sarah by reflecting on the great success of the Community Heath project that found its inspiration in the work Heath hands and Phoenix Futures have had. Sarah outlined the transformative success experienced by service users taking part in RtN and thanked Colin, Karin and Danny Murphy for their support.

CG thanked Sarah for her presentation, and attendees showed their appreciation.

Annual Report 2017/18

CG presented a review of an important year with Heath Hands becoming a Charitable Incorporated Organisation. CG commended everyone as membership and volunteering efforts reaching new records. The WaHH and Community Heath projects, Heath calendar and Friends group have all been significant achievements.

CG thanked the team at Kenwood, Sarah for her presentation, the Trustees, Peter Tausig and Peter Gilmour who are stepping down, Bob Warnock and CoL tram, the many session supervisors, Rachel, Ian and Sergio for supervising sessions and Colin and Karin amongst others.

Treasurer's Report

Robert Spigel presented the financial report, reflecting that the CIO means two sets of accounts . The accounts show a healthy financial position with a balanced strategy. Additional sources of income are being sought. Thanks to supporters, local schools, Kenwood Walking ladies, Waitrose, Tesco Bags of Help, City Bridge Trust and our Friends of Heath hands group. Thanks to Tony Ghilchick our examiner.

Tony Grimes enquired about proposal to spend £20,000 on projects by 2020, Robert responding that it's an aspiration, not allowed to subsidise other charities and use it to meet objectives of the charity.

Election of Trustees

There being only one nomination for each position the following members were elected for 2018/19:

Cindy Galvin (Chair)

Rachel Mackenzie (Deputy Chair)

Tony Braca (Treasurer)

Alan Merkel (Secretary)

Joanne Maddox (Volunteer Representative)

Ian Greenwood (Volunteer Representative)

Robert Spigel (Co-opted)

Jeff Waage (Heath and Hampstead Society Representative)

Any Other Business

Sam Cooper (English Heritage) thanked everyone and noted that Kenwood benefits every day from the volunteers. Bob Warnock (CoL) echoed the comments of the Trustees' Annual Report noting the huge range of activity volunteers are involved in. Bob thanked everyone for their commitment.

Cindy closed the meeting at 19.00 after reflecting on a phenomenal year that everyone should feel proud of.

Volunteering Highlights - 2018/19

Record volunteer membership with 245 registered

Monthly average contribution 1,125 hours; record 500 plus volunteer sessions this year

Golders Hill Park record attendance; London in Bloom awards; 29 volunteers contribute 720 hours in GHP Zoo

Hill Garden: 34 sessions including extra days, record attendance



Whitestone Garden: volunteered sessions develop peaceful space; 6 school groups (170 pupils) use Old Orchard Garden along with art classes and train-

Community Heath project develops, supporting over 1200 people across 90 events to get involved in recreation and volunteering. Over 220 volunteers assist with project sessions. Community Heath Festival 2018

More than 300 volunteers from 15 corporate groups contribute over 1300 hours of habitat management and conservation tasks



Friday conservation: record attendance at sessions across Athlone Gardens, Ladies Pond



Extra August conservation sessions

Governance: Heath Hands AGM at Kenwood House; new representative from Heath and Hamp.Soc.



Kenwood: new Senior Gardener and Gardener recruited; 56 volunteer sessions on Estate

Conservation Team focus on H. balsalm, meadows, fence maintenance, heathland and wetland habitat creation



Weekly drop-in gardening club and guided walks introduce dozens of people to the Heath



Keats House: weekly garden sessions; Open Garden Squares tours; Silver Gilt received from London in Bloom

Office: GDPR; second Project Assistant recruited; 3 office volunteers; 1500 followers on social media,



Friends of Heath Hands membership group grows; marketing campaign



Highgate Wood: weekly sessions; new conservation area created

Social: summer barbecue at Old Orchard; Bobby de Joia Lecture with Dee McLean; trips to Woodberry

Walks and Talks: wildflowers, tree, apothecary, reptiles, Highgate Wood and Ken-

Wildlife Monitoring: record 4 reptile transects, hedgehog and dragonfly projects develop



14 Volunteer Leaders help supervise conservation, WaHH and monitor-

Events: volunteers assist staff delivering public events including athletics, festivals and conker

Parliament Hill: record attendance on fortnightly Monday sessions

Wild about Hampstead Heath: over 8000 visitors engaged since 2015 handover; 3 year legacy phase completed and over 35 interpreter



Fig 1. Volunteer roles (%); 245 volunteers in total

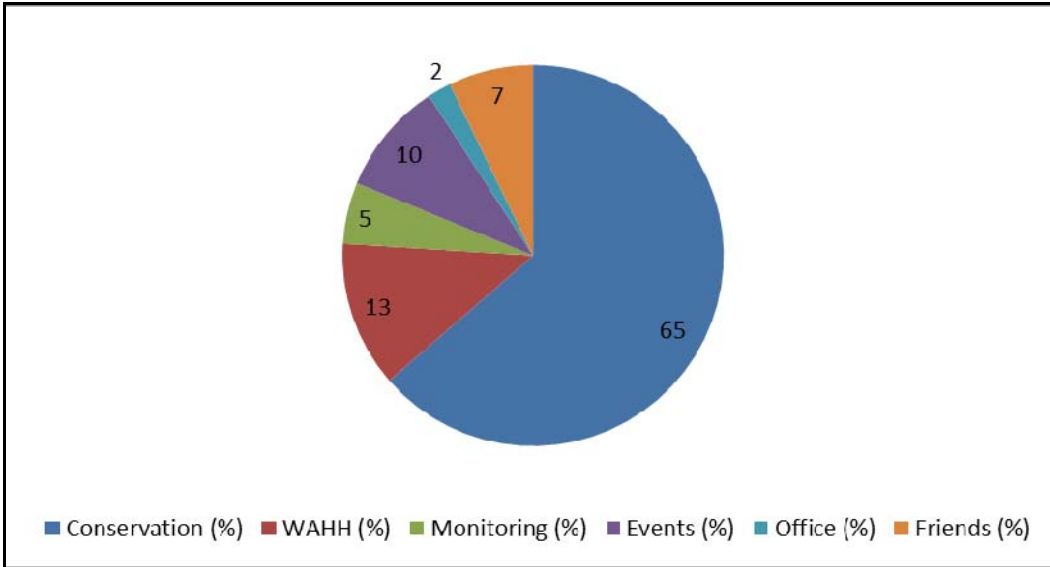


Fig 2. Recruitment Activity

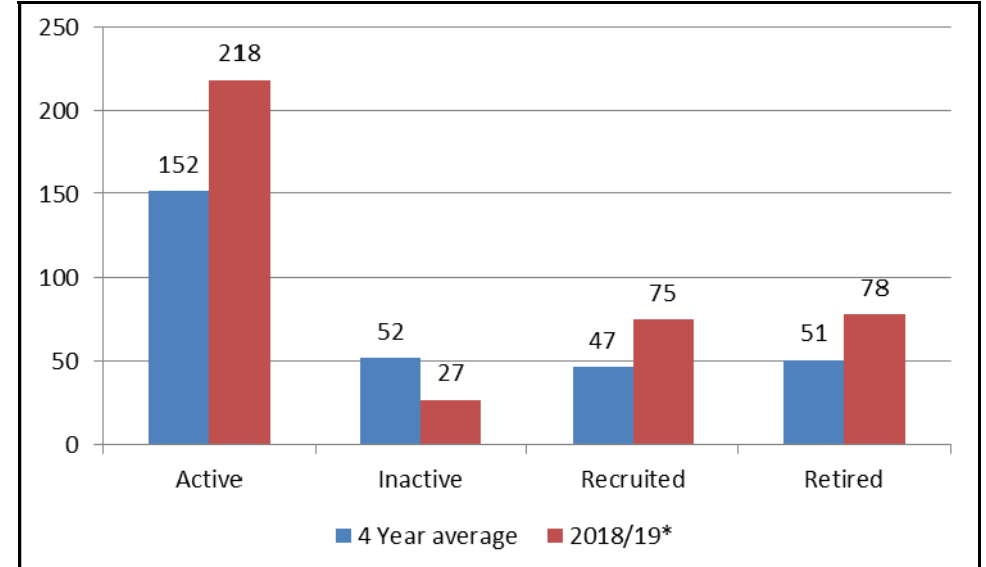


Fig 3. Volunteers from BAME (Black, Asian and minority ethnic communities) and White backgrounds (versus 36% local population)

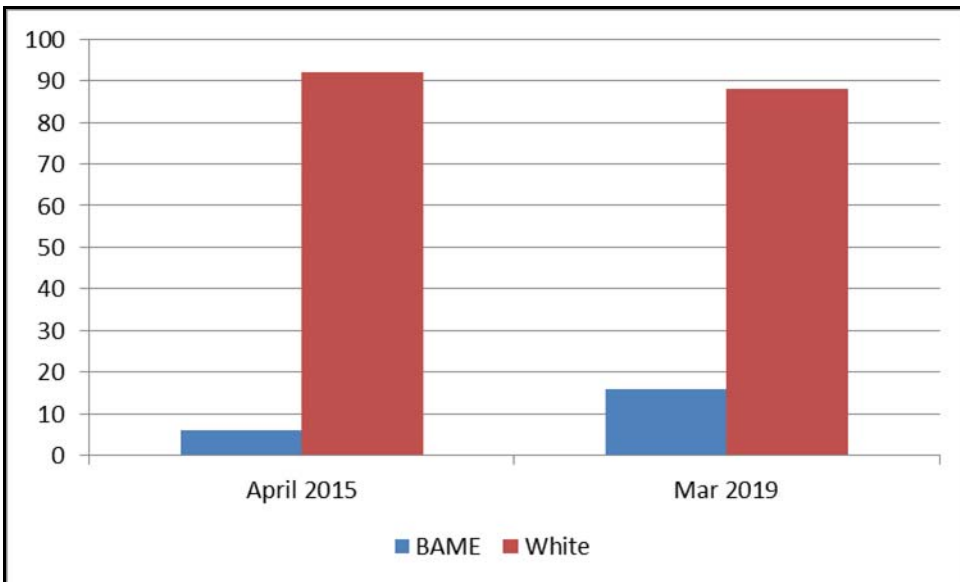


Fig 4. Age Structure of volunteers (%)

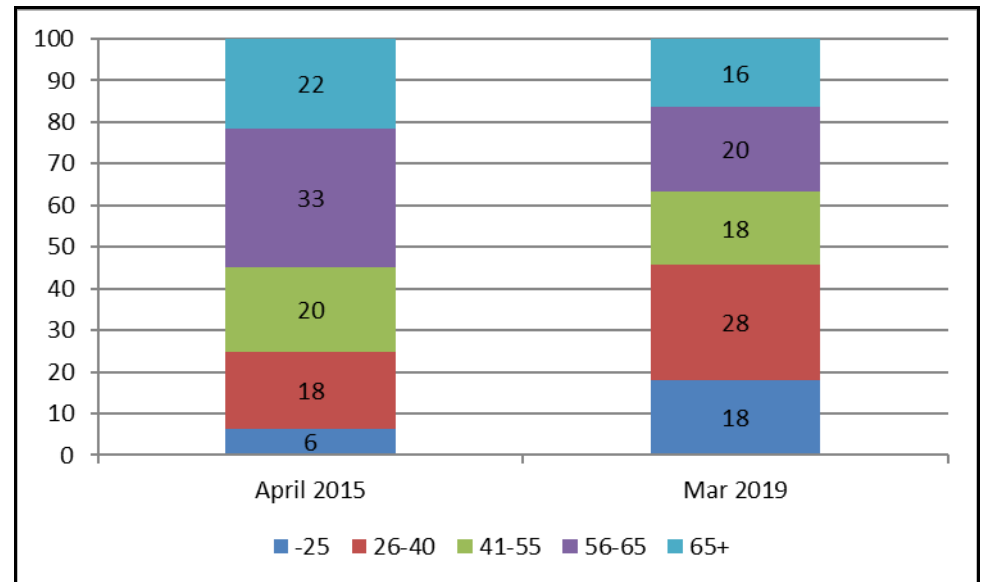


Fig 5. 2018/19 volunteer hours: 13,679 (blue) versus 4 year average: 9972 (red)

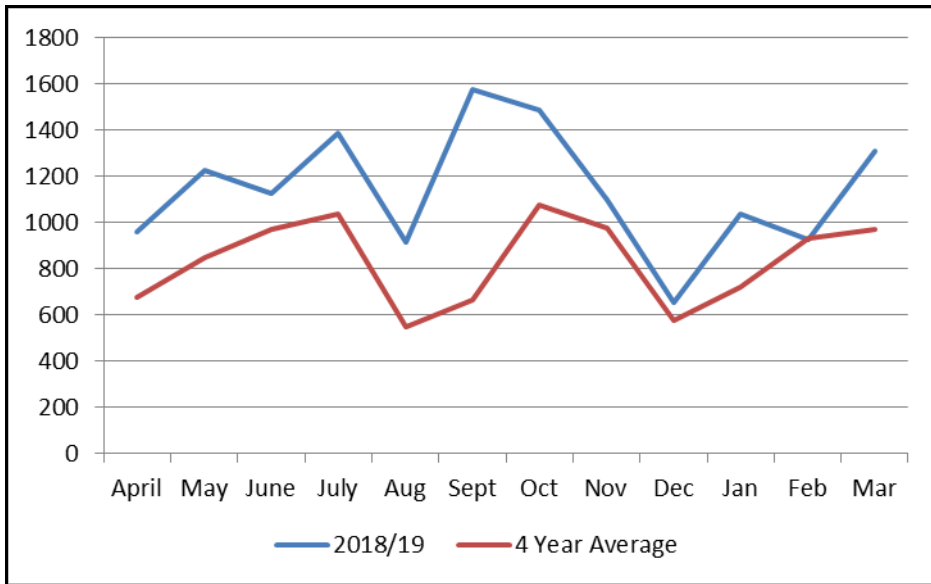


Fig 6. Volunteer sessions delivered 2018/19: 554 (blue) versus 4 year average (421)

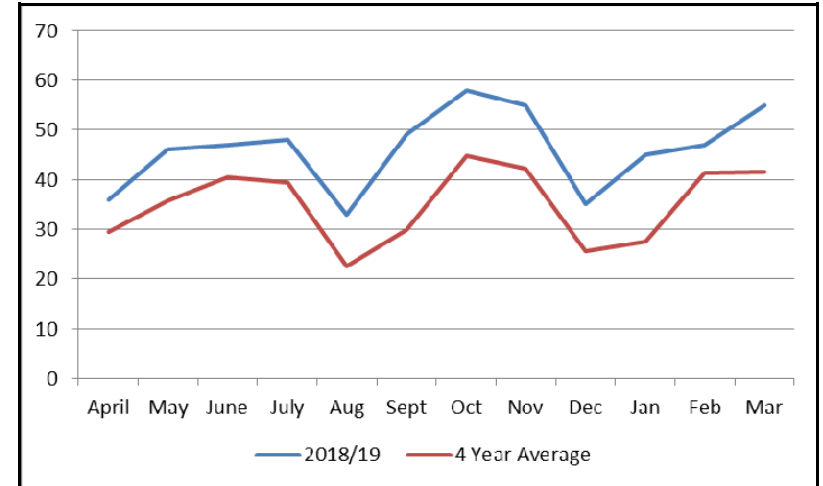


Fig 8. Community Heath: events, participants and volunteers (2017 to 2019); target of 1200 participants

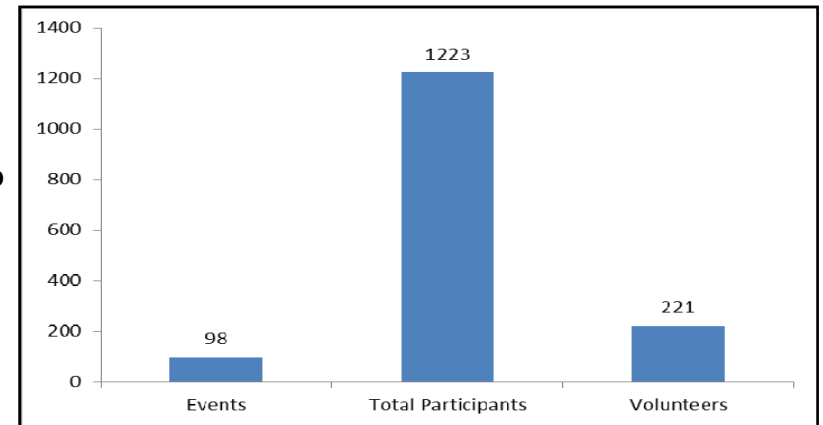


Fig 7. Distribution of Volunteer Activity versus 4 year average

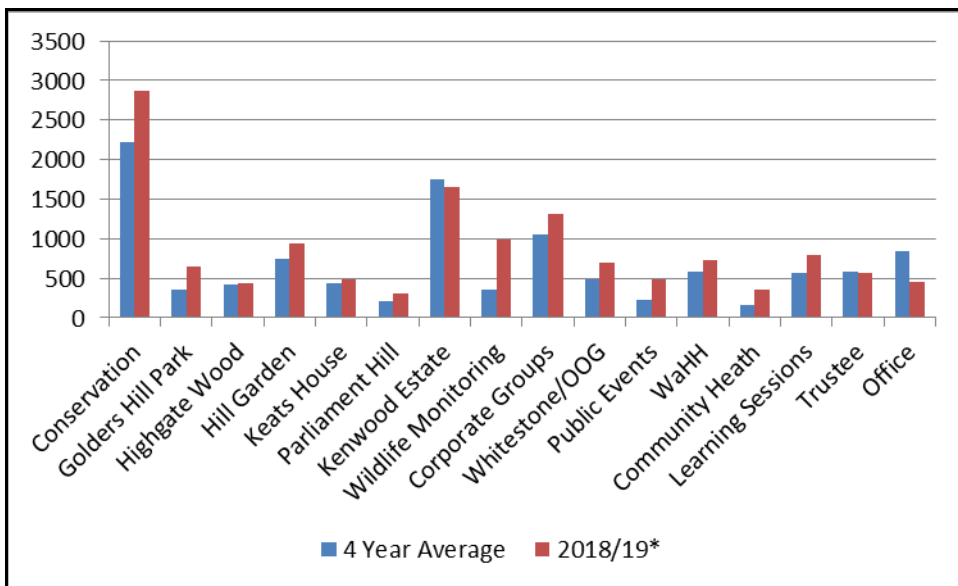
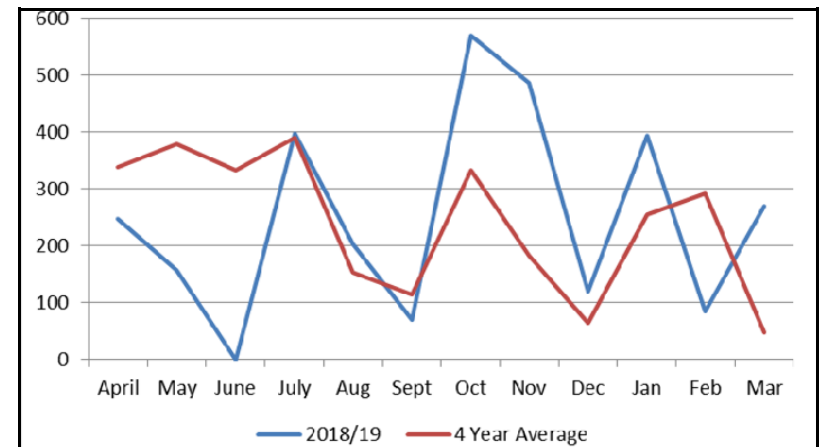


Fig 9. Visitors engaged on WaHH sessions: 2374 in 2018/19 (annual average 2877)



Heath Hands CIO, registered charity no 1173419
Accounts for the year to 31 March 2019

	Unrestricted Funds £	33 weeks to 31 March <u>2018</u> Unrestricted Funds £
Receipts		
Group Volunteering	6,225	2,340
Calendar	1,803	1,288
Donations	3,438	2,671
Grants	1,250	9,000
Bank Interest	675	4
Total receipts for the year	13,391	15,303
Payments		
Catering	927	467
Events	1,036	917
Marketing and Graphic Design	1,286	904
Conservation Supplies	121	206
Uniform	2,051	1,616
Training	1,164	616
Volunteer Expenses	347	58
Office Expenses	602	305
Insurance	583	-
Employees	8,168	5,064
Projects: Wildlife	501	-
Learning Offer	1,573	1,253
Equipment Upgrade	2,086	91
Total payments for the year	20,445	11,497
Surplus/(deficit) for the period	(7,054)	3,806
Cash funds last year end/transferred	79,815	76,009
Cash funds this year end	72,761	79,815
Cash Funds		
Lloyds Bank	7,246	4,815
Lloyds Bank Deposit	15,000	20,000
United Trust	35,410	35,000
Virgin Money	15,105	20,000
Total Cash funds	72,761	79,815

Heath Hands, the Charitable Incorporated Organisation charity no 1173419, took over all the activities, assets and liabilities of Heath Hands, charity no 1083104, from 11 August 2017

Tony Braca
Treasurer



Tony Ghilchik
Independent Examiner





Heath Hands
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Policy for Legacy and other Reserve Funds

Background

In 2009 our founder, Bobby de Joia left £50,000 in her will to Heath Hands, with no restrictions. Most of this is unused. With other funds, financial reserves at 31 December 2016 were approximately £70,000, held in two deposit accounts with Scottish Widows and Charities Aid Foundation (CAF) Bank. The most appropriate use of the funds was discussed at Trustee meetings on 16 November 2016 and 11 January 2017, and it was agreed to develop this Reserves Policy.

Discussion

The debate was between keeping 'rainy day' money against potential future risks, and using it soon to enhance the Heath. Both were accepted as valid uses. Trustees felt that some of Bobby's legacy should be used for specific identifiable projects.

Potential risks were identified as the withdrawal of the substantial benefits in kind provided to us by English Heritage (the lease of the Dairy) and the Corporation of London (CoL) (secondment of the Projects and Volunteer Manager (PVM)). Both of these arrangements expire in 2020.

Trustees favoured a prudent approach, that is, to retain a fairly large reserve against risk; but to use the remainder over the next three years, through to 31 March 2020, the period covered by our Strategic Plan.

Heath Hands will keep enough reserves to cover running costs for three years, and a sum of £35,000 against the risk of losing the above benefits in kind.

Policy in figures

Reserve	£ 000
Reserve for 3 years running costs (net), £5,000 per year*	15
Reserve against risk of losing benefits in kind of PVM and Dairy lease	35
Reserve to be spent on specific projects meeting Heath Hands' stated objectives by 31 March 2020	20
Total	70

* Expected to be used by 31 March 2020.

Conclusion

Heath Hands will hold £15,000 as 3 years running costs, and £35,000 against risks specified above, with the remainder intended to be used for identified projects meeting Heath Hands' objectives by 31 March 2020. This policy will be reflected in the Strategic Plan.

This policy was adopted in January 2017

This policy will be reviewed annually