



# Heath Hands Volunteer Application Form

## Conservation volunteer

Heath Hands conservation volunteers work in groups of up to 15 people under the supervision of City of London or English Heritage staff. Sessions take place during the week with limited places available on Saturdays and some Sundays.

Full name and address		Contact details		
		Home		
		Work		
		Mobile		
		Email		
Age				
16-25	26-40	41-55	56-65	65+
Health				
<p>Please list any health problems you wish to make us aware of such as asthma, a heart condition or epilepsy that may affect either the work you carry out, or any first aid treatment you might require. This information is requested to ensure your health, safety and welfare, and will remain confidential.</p>				
Emergency contact (partner, relative or friend)				
Name		Telephone		
Please indicate the period of time you expect to be available to volunteer				
6 months		1 year		More than 1 year
Please indicate the general times you would be available to work				
Weekdays		Weekends only		Both
Experience/ reasons for volunteering				
Work Boots				
<p>Please give your shoe size in the adjoining box. We provide protective footwear for all volunteers working outdoors on a regular basis. Please note that t-shirts, sweatshirts and boots remain the property of Heath Hands and need to be returned when the membership is cancelled.</p>				
Shoe size				
Signature and Date				

Please print, sign and return form to:  
 Heath Hands, West Lodge Kenwood  
 Hampstead Lane, London NW3 7JR